FIBRACTIVE FOS 60 APPLICATIONS IN THE CONFECTIONERY AND BAKERY SECTOR









An AB Sugar Company

APPLICATIONS OF FIBRACTIVE FOS 60 IN THE BAKERY AND PASTRY SECTOR





% more softness vs standard

3 Month

2 Month

1 Month

Start

EVOLUTION OF CRISPNESS IN BISCUITS



CAPACITY FOR MAINTAINING FRESHNESS



USE OF FIBRACTIVE FOS 60 IN WHIPPED DOUGH



Objective

Incorporate fructooligosaccharides (FOS) with 60% pureness (**FIBRACTIVE FOS 60**) to reduce fats and sugars and increase the fibre content in the product

STANDARD	Product prepared with a standard sponge cake formula	
STANDARD (-30% FAT)	Formula containing 30% less fat with regard to the sponge cake standard	
FIBRACTIVE FOS 60	Formula containing 30% less fat and increasing the fibre up to the "source of fibre" standard	



FORMULAE UTILISED

INGREDIENTS	STANDARD (%)	STANDARD (- 30% FAT) (%)	FIBRACTIVE FOS 60 (%)
Wheat flour	27.8	29.7	28.3
Eggs	22.4	24.0	22.9
Sugar	22.4	24.0	14.9
Liquid milk	7.6	8.2	5.8
Fibractive FOS 60			14.3
Milk powder			0.3
Oil	18.6	12.9	12.3
Baking powder	0.9	0.9	0.9
Salt	0.3	0.3	0.3

Reduced from the formula (for ingredient)

- Sugar (33,5%)
- Fat (28 %)
- Milk (23,7%)

Included in the formula

• Fibractive FOS 60 (14,3%)

COMPARATIVE RESULTS

		STANDARD (-30% FAT)	FIBRACTIVE FOS 60
	Weight (g)	207	212
	Volume (cm ³)	570	575
ž	% Weight loss	10.0	7.8
DLOC	Density (/cm³)	0.36	0.37
IORPHC	Main slice height (cm)	6.9	6.1
2	Main slice width (cm)	11.6	11.7
	Collapsing	No	No
R	L*	50.4	41.7
	a*	18.9	20.2
S	b*	36.4	27.4

- The height of the FOS 60 sponge cakes was reduced slightly
- Crumbs that were darker than the standard were observed
- Sponge cake with Fibractive FOS 60 is closest in appearance to sponge cake without fibre



COMPARATIVE RESULTS

	OUTER APPEARANCE	MAIN SLICE	TEXTURED DETAIL
STANDARD			
STANDARD (-30% FAT)			
FIBRACTIVE FOS 60			



TEXTURE DEVELOPMENT OVER TIME (start, 15, 30, 45 and 60 days)



• The freshening effect of Fibractive FOS 60 can be noted

 Sponge cakes remain fresh for a longer period of time

SENSORY DEVELOPMENT

shelf life



ibractive • The sponginess and overall quality of the sponge cake with Fribactive FOS 60 is noted after two-months cetece

NUTRITIONAL COMPOSITION OF THE SPONGE CAKES

	Nutritional information per 100g				
	STANDARD		FIBRACT	IVE FOS	
			6	0	
Energy value kJ /kcal	1711	409	1500	366	
Fats g	22.8		15.53		
of which are saturated g	3.6		2.6		
Carbohydrates g	44.5		49.5		
of which are sugars g	25.4	25.4		93	
Fibre g	<0.5		3.66		
Proteins g	6.5		7.07		
Salt g	1.0)	0.8	39	

- Reduced > 30% fat
- A sponge cake with "source of fibre" standard is obtained

CONCLUSIONS

- FIBRACTIVE FOS 60 can be incorporated to achieve sponge cakes that can claim to be a nutritional "source of fibre" and "reduced fat content"
- It is necessary to adjust the water and sugar content of the formulae in order to incorporate
 FIBRACTIVE FOS 60 successfully
- Over time, sponge cakes with FIBRACTIVE FOS 60 are fresher and spongier than sponge cakes without fibre. Its freshening effect on whipped dough increases the freshness of the sponge cake by 30% compared with low-fat standard sample









	TESTS
P1	Standard sponges, made without using any tenderiser.
P2	Sponges made with sorbitol (1.5% mass) and glycerine (1.5% mass) in the customary dosages used in the sector.
Р3	Sponges made with FIBRACTIVE FOS 60 with a dosage of (3% mass).
Р4	Sponges made with sorbitol (1.5% mass) and FIBRACTIVE FOS 60 (1.5% mass).
Р5	Sponges made with glycerine (1.5% mass) and FIBRACTIVE FOS 60 (1.5% mass).
P6	Sponges made with FIBRACTIVE FOS 60 with a dosage of (5% mass).

FORMULAE USED

	I	P1		P2		P3	P4		P4 P5		P6	
Ingredients	%	CONTR OL (g)	%	1.5 SORB + 1.5 GLYC (g)	%	3% FIBRACTIVE FOS 60 (g)	%	1.5 SORB + 1.5 FIBRACTIVE FOS 60 (g)	%	1.5 GLYC + 1.5 FIBRACTIVE FOS 60 (g)	%	5% FIBRACTIVE FOS 60 (g)
Wheat flour	27.5	800	27	800	27	800	27	800	27	800	26.7	800
Eggs	22.3	650	21.9	650	21.9	650	21.9	650	21.9	650	21.7	650
Sugar	22.3	650	21.9	650	21.9	650	21.9	650	21.9	650	21.7	650
Liquid milk	7.5	220	6.1	180	6.1	180	6.1	180	6.1	180	5.1	150
Oil	18.45	539	18.2	539	18.2	539	18.2	539	18.2	539	18	539
Baking powder	0.9	26	0.9	26	0.9	26	0.9	26	0.9	26	0.9	26
Salt	0.3	8.7	0.3	8.7	0.3	8.7	0.3	8.7	0.3	8.7	0.3	8.7
Calcium propionate	0.17	4.9	0.17	4.9	0.17	4.9	0.17	4.9	0.17	4.9	0.16	4.9
Fibractive FOS 60	0	0	0	0	3	88	1.5	44	1.5	44	5	146
Glycerine	0	0	1.48	44	0	0	0	0	1.48	44	0	0
Sorbitol	0	0	1.48	44	0	0	1.48	44	0	0	0	0
Cream of tartar	0.6	17.4	0.58	17.4	0.7	20.7	0.7	20.7	0.7	20.7	0.7	20.7





COMPARATIVE RESULTS

		P1	P2	P3	P4	P5	P6
		STANDARD	1.5 SORB +1.5 GLYC	3% FIBRACTIVE FOS 60	1.5 SORB + 1.5 FIBRACTIVE FOS 60	1.5 GLYC + 1.5 FIBRACTIVE FOS 60	5% FIBRACTIVE FOS 60
pH WHIP		5.70	5.9	5.85	5.87	5.86	5.82
WEIGHT (g)		212.5	212.5	215.5	214.0	211.5	213.5
VOLUME (cm ³)		750	840	860	860	780	620
% WEIGHT LOSS		7.6	7.6	6.3	7.0	8.0	7.2
DENSITY (g/cm³)		0.28	0.25	0.25	0.25	0.27	0.34
MAIN SLICE HEIGHT (CM)		7.1	6.9	7.0	7.3	7.0	6.4
MAIN SLICE WIDTH	(cm)	11.5	11.4	11.4	11.2	11.5	11.4
	L*	45.38	42.36	40.79	35.97	36.29	36.45
COLOUR	a*	20.30	19.60	20.47	16.20	17.56	14.48
	b*	28.42	24.29	23.16	16.15	17.26	16.17
SINKING		No	No	No	No	No	No
BAKING TIME (min)		30	30	28	24	24	26
Remarks		Whip whiter					Whip slightly less dense

- With regard to the external appearance, significant differences were observed due to the growth of the sponges

- Those samples which contained Fibractive FOS 60 produced darker sponges and presented a smaller crown and a rounder shape than those samples that did not contain it.





IMAGES OF THE SPONGES PRODUCED



MOISTURE DEVELOPMENT

	P1	P2	Р3	P4	P5	P6
HUMIDITY	STANDARD	1.5% SORB +1.5% GLYC	3% FIBRACTIVE FOS 60	1.5% SORB + 1.5% FIBRACTIVE FOS 60	1.5% GLYC + 1.5% FIBRACTIVE FOS 60	5% FIBRACTIVE FOS 60
START	20.65	19.45	19.45	20.20	19.95	21.30
1 MONTH	17.60	17.45	17.60	17.55	16.50	18.35
2 MONTHS	16.14	16.29	16.71	16.41	16.62	17.59







TEXTURE DEVELOPMENT OVER TIME

COMPARISON OF TENDERNESS WITH STANDARD FORMULA-CONTROL



SENSORY DEVELOPMENT



- The sponges with FOS 60 at a dosage of 5% are those that show the greatest intensity of smell and aroma, and at the same time they are the softest and spongiest of all those studied and at all frequencies.



CONCLUSIONS

- Fibractive FOS 60 is a useful tenderiser for whipped doughs, both in combination with other tenderisers and on its own.
- Its addition in combination with sorbitol or glycerol, in the usual dosages (3% tenderiser in dough) is successful. With this, we achieve similar results to those given by the combination of glycerol and sorbitol.
- Dosages of **3% of Fibractive FOS 60**, added as a moistener, give whipped doughs similar results to those produced by the combination of glycerol and sorbitol.
- Dosages of **5% of Fibractive FOS 60** result in a substantial improvement of its texture, making the sponges more tender and spongier. Sponges that **are 50% more tender** were achieved when compared with those made using other tenderisers on the market at the standard dosages.
- In addition to its tenderising effect, Fibractive FOS 60 adds intensity of smell and aroma to sponges.





USE OF FIBRACTIVE FOS 60 IN BISCUITS



Objective

Incorporate fructooligosaccharides (FOS) with 60% pureness (FIBRACTIVE FOS 60) to reduce fats and sugars and increase the fibre content in the product



STANDARD	Product prepared with a standard biscuit formula
STANDARD (-30% FAT)	Formula with 30% less fat with regard to the standard biscuit
FIBRACTIVE FOS 60	Formula containing 30% less fat and increasing the fibre up to the "source of fibre" standard



FORMULAE UTILISED

	STANDARD	STANDARD (-	FIBRACTIVE
	(%)	30% FAT) (%)	FOS 60 (%)
Wheat flour	58.9	58.9	59.4
Sugar	14.1	14.1	12.9
Fat	14.1	8.5	8.5
Glucose syrup	7.1	7.1	
Fibractive FOS 60			13.5
Sodium bicarbonate	0.35	0.35	0.35
Ammonium bicarbonate	0.35	0.35	0.35
Salt	0.35	0.35	0.35
Vanillin	0.05	0.05	0.05
Water	4.7	10.3	4.6

•Glucose syrup was eliminated (100 %)

•Fat and sugar was reduced (39,7 %)

•FOS 60 was incorporated (13,5%)

COMPARATIVE RESULTS

		STANDARD	STANDARD (-30% FAT)	FIBRACTIVE FOS 60
Pic	tures of biscuits:			
году	Average weight of 10 biscuits (g)	114.6	107.7	109.6
ORPHOI	Average height of 10 biscuits (cm)	6.1	6.7	6.7
Σ	Diameter (cm)	6.1	6.4	6.4
Ч	L*	63.4	64.4	61.5
	a*	9.8	10.4	12.4
S	b*	32.4	33.2	33.6
Baking time (min)		7.5	9	7
Р	roduct defects:	No	No	No

• Greater degree of homogeneity among all the formulae under study, with similar expansion

Slight darkening with Fibractive FOS60, positive in biscuits



TEXTURE DEVELOPMENT OVER TIME (start, 8 and 16 days equivalent)



• An increase in crispiness is observed in biscuits with Fibractive FOS 60

SENSORY DEVELOPMENT



NUTRITIONAL COMPOSITION OF THE BISCUITS

	Nutritional information per 100g			
	STANDARD		FIBRACTIVE FOS 60	
Energy value kJ /kcal	1958 465 1800		422	
Fats g	16.2		10.65	
of which are saturated g	5.	6	3.6	
Carbohydrates g	73	.4	73.8	
of which are sugars g	21.5 25.		47	
Fibre g			3.5	
Proteins g	6.5		7.65	
Salt g	0.6 0.65		65	

- Reduced > 30% fat
- Biscuits with "source of fibre" standard are obtained

CONCLUSIONS

- The inclusion of FIBRACTIVE FOS 60 in biscuits makes it possible to achieve a product labelled as "source of fibre" and "reduced fat content"
- It is necessary to **adjust** the content of the remaining ingredients in the formulae in order to incorporate **FIBRACTIVE FOS 60** successfully
- Samples with FIBRACTIVE FOS 60 showed greater crispiness and suitable sensory development over time



USE OF FIBRACTIVE FOS 60 IN PASTRY PRODUCTS



Objective

Incorporate fructooligosaccharides (FOS) with 60% pureness (**FIBRACTIVE FOS 60**) in order to reduce fats in products without affecting the texture of the same

STANDARD	Product prepared with a standard brioche formula	
STANDARD WITH LESS FAT	Product prepared with a standard brioche formula with reduction of fat	
FIBRACTIVE FOS 60	Product prepared with fat reduction and using FIBRACTIVE FOS 60	



FORMULAE UTILISED

	INGREDIENTS (% flour base)	STANDARD STANDARD WITH LESS FAT		FIBRACTIVE FOS 60
щ	Strong wheat flour	30	30	30
NG	Water	15	15	15
SPC	Compressed yeast	5	5	5
	Strong wheat flour	70	70	70*
	Liquid milk	15	15	11,5
	Butter	20	10,5	10,5
	Fibractive FOS 60			13
	Sugar	18	18	8,5
	Eggs	24	24	24
	Improver	1,5	1,5	1,5
	Salt	1,2	1,2	1,2

Reduced from the formula

• Sugar (52,7%)

• Fat (47, 5 %)

• Milk (23,3%)

Included in the formula

- Fibractive FOS 60 (6,8 %)
- * For Fibractive FOS 60 formula flour of force W = 403 and P / L = 1.15 was used

COMPARATIVE RESULTS

		STANDARD	STANDARD less fat	FIBRACTIVE FOS 60
УÐС	Average weight (g)	53.8	54.7	56.7
MORPHOLO	Average Height/ Width (cm)	4.5/6.0	4.8/5.6	4.8 /6.1
	Average length (cm)	14.2	13.6	14.0
OLOUR	L*	44.1	44.5	47.1
	a*	18.5	15.3	17.3
0	b*	26.7	24.6	27.9

• A slight improvement is noted in the morphological characteristics of the brioches that used Fibractive FOS 60



COMPARATIVE RESULTS



• Appearance of the brioche crumb using Fibractive FOS 60 is very similar to the standard sample



TEXTURE DEVELOPMENT OVER TIME (start, 2 and 3 weeks)



• At the end of their shelf life, brioches using Fibractive FOS 60 show sensory valuations that are superior to the standard samples



NUTRITIONAL COMPOSITION OF THE PASTRY PRODUCTS

	Nutritional information per 100g			
	STANDARD		FIBRACTIVE FOS 60	
Energy value kJ /kcal	1470 349		1319	313
Fats g	11,8 8,3		3	
of which are saturated g	7,2		4,4	
Carbohydrates g	50,1 48,6		,6	
of which are sugars g	9,2		8,8	
Fibre g			< 0,5	
Proteins g	10,8		11,1	
Salt g	0,72 0,76		76	

• Fat content is reduced by 30 % in the original formula

CONCLUSIONS

- Compared with the standard samples, a **humidity fixation** and **freshening effect** is noted in samples that contain Fibractive FOS 60
- Regarding the shelf life of products, it is noted that brioches with Fibractive FOS 60 have a better ageing process than the standard samples. Aroma intensity is better maintained, as well as juiciness and freshness over time
- By adjusting the fat of the formula it possible to achieve a product labelled as "reduced fat content"



USE OF FIBRACTIVE FOS 60 IN TIN LOAF



Objective

Incorporate fructooligosaccharides (FOS) with 60% pureness (**FIBRACTIVE FOS 60**) to improve the texture of the product

STANDARD	Product prepared with a standard tin loaf formula	
FIBRACTIVE FOS 60	Product prepared using FIBRACTIVE FOS 60	



FORMULAE UTILISED

Ingredients (% flour base)	STANDARD	FIBRACTIVE FOS 60
White flour	100	100
Water	55	52
Compressed yeast	7	7
Bean flour	2	2
Sugar	8	
Fibractive FOS 60	-	11
Sunflower Oil	1.5	1.5
Salt	1.6	1.6
Improver	0.9	0.9
Calcium propionate	0.6	0.6
Sorbic acid (70% pureness)	0.17	0.17
Vinegar	0.6	0.6

- Sugar was eliminated from the formula (100%)
- Fibractive FOS 60 was incorporated (6,2%)

COMPARATIVE RESULTS

		STANDARD	FIBRACTIVE FOS 60
ш	Volume (cm3)	1335	1380
JEC	Average weight (g)	293	293
ALL F	Density (g/cm3)	0.22	0.21
SMA	Height/width of main slice (cm) SMALL PIECE	9.0/7.7	10.1/7.7
	Height/width of main slice (cm) LARGE PIECE	10.0/9.0	8.9/9.4
Я	L*	47.1	52.8
COLOL	a*	15.8	15.0
	b*	27.8	30.2
	Product defects	No	No

• Loaves prepared with Fibractive FOS 60 were slightly more intense in colour compared with the standard sample



COMPARATIVE RESULTS

	SMALL PIECE (325g)	LARGE PIECE (700g)		
	WHOLE PIECE	MAIN SLICE	MAIN SLICE	
STANDARD				
FIBRACTIVE FOS 60				

• The appearance of loaves with Fibractive 60 were similar to the loaves of the standard sample



TEXTURE DEVELOPMENT OVER TIME (start, 1, 2 and 3 weeks)





NUTRITIONAL COMPOSITION OF TIN LOAF

	Nutritional information per 100g			
	STANDARD		FIBRACTIVE FOS 60	
Energy value kJ /kcal	1172 277		1158	273
Fats g	3.0		2.4	
of which are saturated g	0.8		0.6	
Carbohydrates g	52.8		52.7	
of which are sugars g	4.9		3.9	
Fibre g			< 0.5	
Proteins g	9.6		10.2	
Salt g	1.0		1.0	

CONCLUSIONS

 Inclusion of FIBRACTIVE FOS 60 in the product allows a 13% reduction in hardness compared with the standard sample

